

# Culture Club

*A creative project from Empowered Conversations and The Storybox Project*

## *In This Issue*

**Focus on The Lowry, Salford Quays**

**Activity ideas to try in the galleries at The Lowry and at home**

This project is a partnership between Empowered Conversations, Age UK Salford and Small Things Creative Projects.

## **Culture Club**

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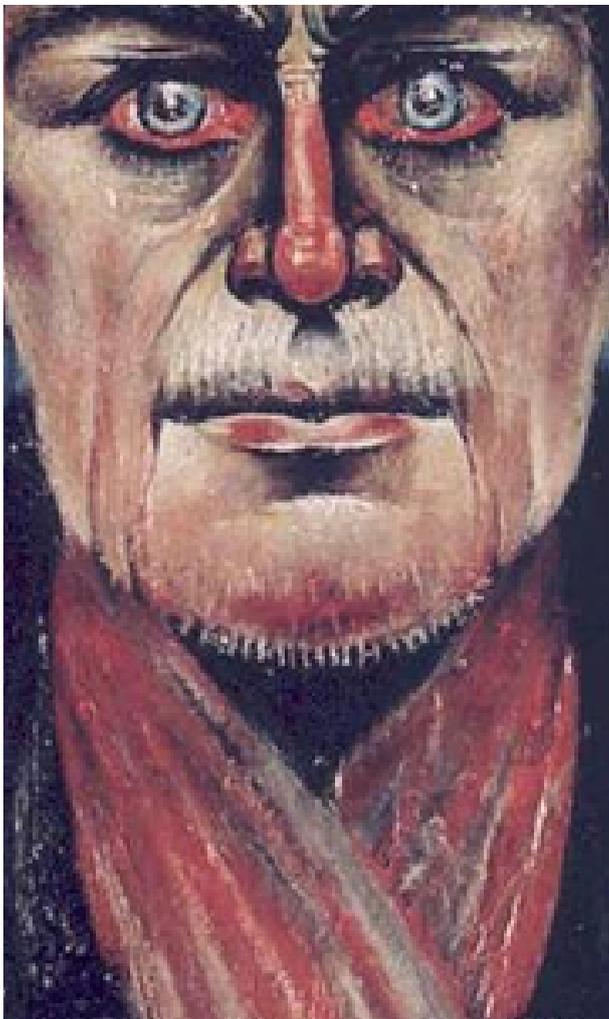


## **The Lowry**

[www.thelowry.com](http://www.thelowry.com)

The Lowry is a friendly, creative & accessible place for everyone, situated at the heart of The Quays in Salford. Committed to using visual and performing arts to enrich people's lives, they present a diverse programme of theatre, opera, musicals, dance, music, comedy and visual art as well as events and activities to expand the horizons of audiences and artists alike.

The Lowry houses the most extensive collection of LS Lowry's work in the world. This includes over 400 pieces of Lowry's work, as well as an extensive archive of photographs, press cuttings and exhibition catalogues. Alongside this they host a rich range of exhibitions, and events throughout the year.



## Tips for visitors to the galleries at The Lowry

- There are no specific dementia friendly activities at present but they do offer bespoke group tours of LS Lowry's work for a small fee. These tours are tailored to meet the needs of individual groups.
- Every day (except Mon) there is a free gallery talk at 12pm & 2pm. This is when gallery interpreters give you a 10 minute tour of the LS Lowry Collection. There is no need to book for these talks.
- The quietest time to visit the galleries is generally between 3pm and 5pm, as large groups and schools tend to visit between 11am and 3pm.
- If booked in advance, The Lowry can provide seating and a quiet space for visitors who may need to rest on their visit.

- There are frequently talks, tours and activities to support the different exhibitions at The Lowry. Information about these can be found on their website: [www.thelowry.com](http://www.thelowry.com)
- If you have additional questions and would like to speak to the Galleries Team directly, you can email: [Galleries.Admin@thelowry.com](mailto:Galleries.Admin@thelowry.com) or call the galleries desk on 0161 876 2057 to speak to a Gallery Team Leader, who will be happy to help with special requirements to help you plan a visit.



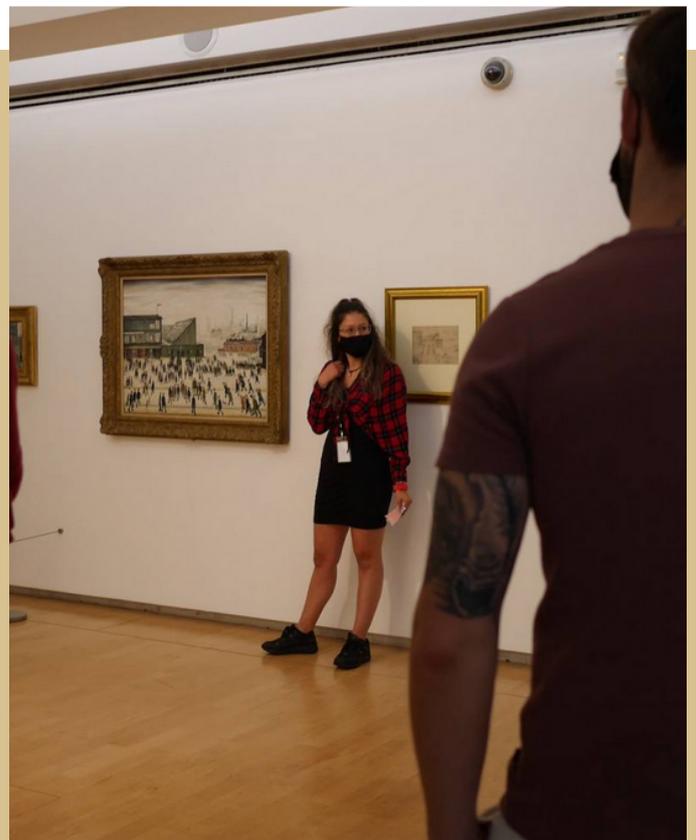


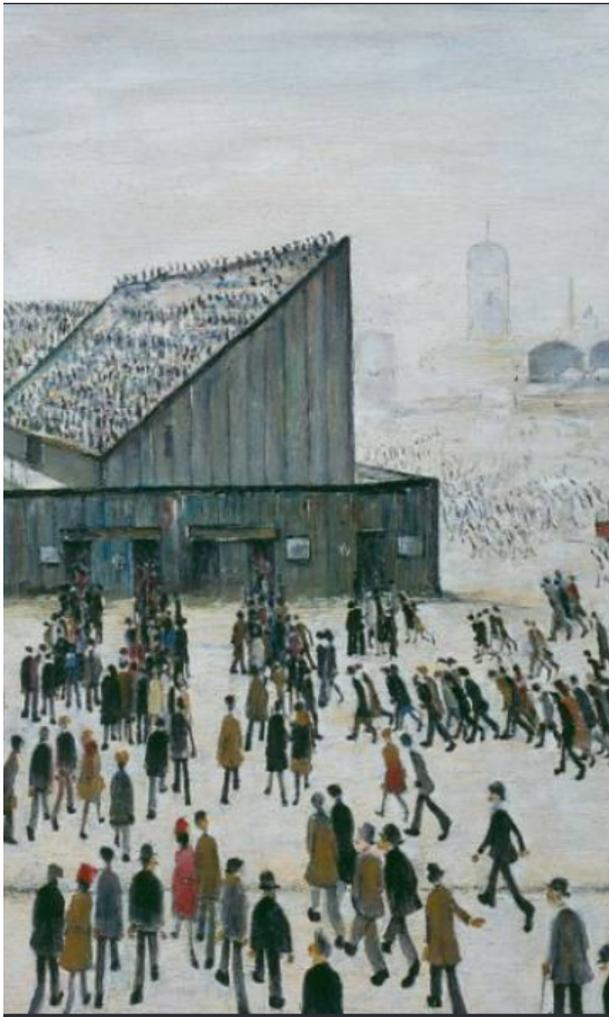
## Information for visitors

- The Lowry is open from Tuesday - Friday 11am-5pm and Sat-Sun 10am-5pm. It is closed on Mondays, except bank holidays.
- If there are performances in the theatres the foyers can be very busy. You can find out if performances are on the day you plan to visit by calling Box Office on 0343 208 6000, or by checking on the website.
- There is a cafe and also a giftshop available when the galleries are open.
- The Lowry is easily accessible by tram, bus and by car - full info available on their website. There is a passenger drop off point at the front of The Lowry, approximately 25-30 metres from the main entrance.
- Address: The Lowry, Pier 8, The Quays, Salford, M50 3AZ
- Telephone for access info: 0333 320 2838

## Accessibility

- Free entry.
- The primary disabled parking facility for The Lowry is The Quayside car park which offers 4 hours free parking for disabled patrons on production of their blue badge at either the Car Parking Office or at the Information Desk. For more information please contact their team on 0161 848 1850.
- There is step free access to all floors.
- Adequate seating is located throughout.
- Accessible toilet facilities are available.





## Activities Inspired by the galleries at The Lowry

The following pages include a selection of activities inspired by the galleries at The Lowry for you to try. They work really well in the gallery, but most of them can also work at home, or anywhere else for that matter!

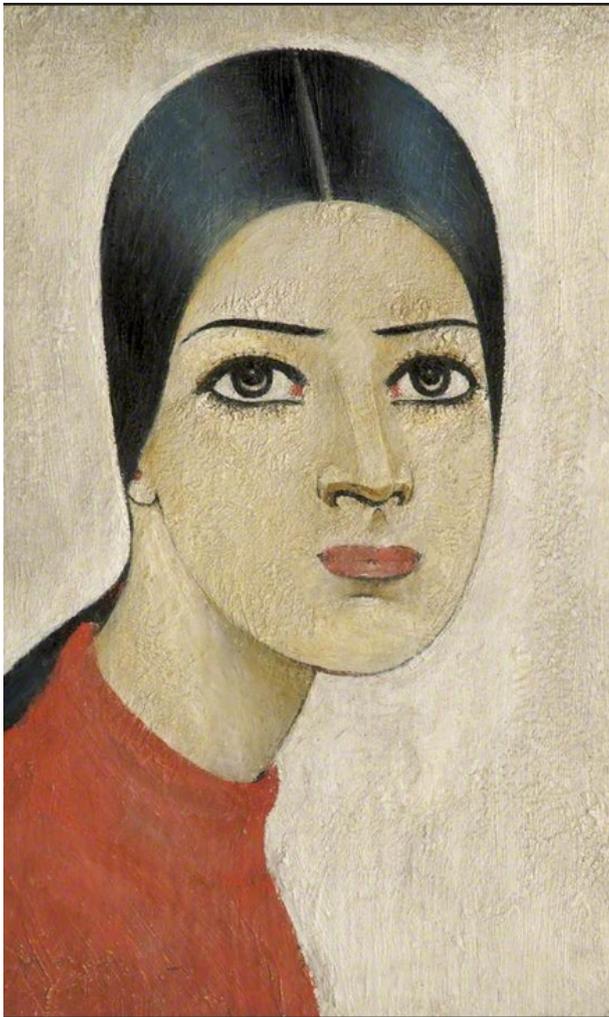
The ideas are intended as a starting point, rather than something to stick to rigidly. You may find that different groups / individuals take to particular exercises more than others. If this is the case, try to have the confidence to allow that exercise time to run its course, to expand, or to evolve into something else entirely.

Remember - if people are engaging in creative activity and conversation, then the activity is a success! We hope that you enjoy giving them a try.

## Looking Closely

- Choose one of the pictures in the gallery, or look at one at home - it's good to choose one with lots going on in the image.
- First of all talk about what you can see in the picture.
- Are there any people in the picture? Who do you think they are? What are they doing?
- What sounds may you hear in the scene in the picture?
- What smells may there be? And tastes?
- How does the picture make you feel?





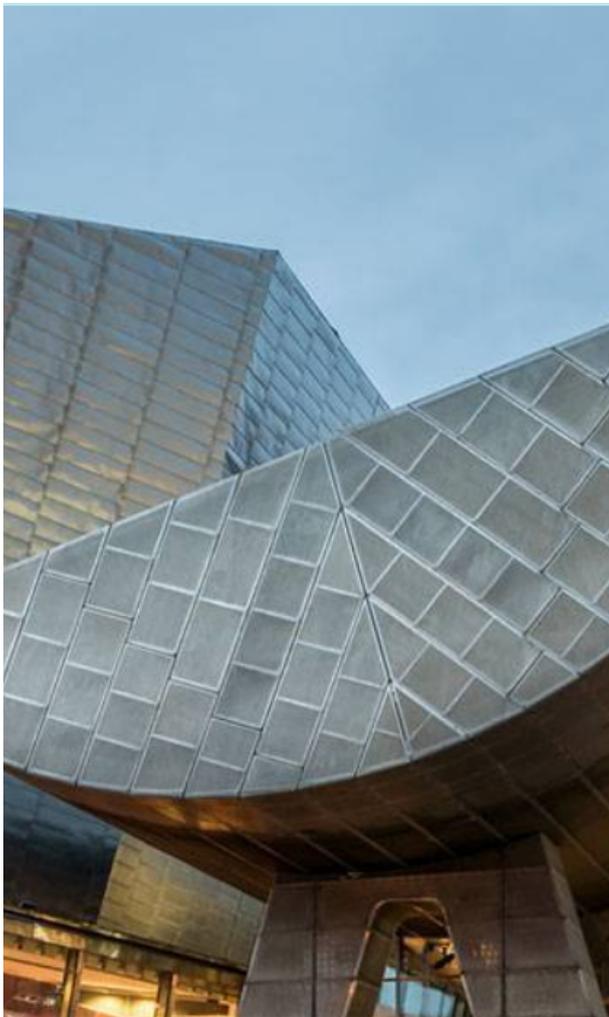
## Colourful Feelings

- Begin by introducing the idea that artists sometimes use colour to express moods and feelings.
- Can you think of examples for this? For example, what colour would you use to express happiness? Maybe something bright like yellow. Or for anger? Maybe red.
- How do you feel about the different colours that are used in paintings that you can see in the gallery at The Lowry? Or in pictures of artwork that you are looking at?
- Which are the colours that really stand out for you?
- Are there any colours that you find surprising?
- Are there any colours that you find interesting?

## The Mindful Gallery

- Select an Artwork or Object that you would like to use - you can either do this before you start or it is something that you can do together. Invite your partner to look at the object and try to remain focused on just that object for as long as possible.
- What is the first thing that they see? What colours and textures are there? What does the piece look like it is made of? What size is it? How does it make you feel? Any other questions....
- Finish by reflecting upon what was noticed.





## What's Inside?

- This is an activity to try outside The Lowry looking at the building from a distance, or looking at a picture of the building.
- What parts of the building stand out to you?
- Are there any signs? What do they tell you?
- What is the building made of?
- What might the building be used for?
- What might be inside the building?
- What collections / attractions might they have?
- Does it look interesting?
- Does it look modern or historic?
- Does it look welcoming? And if so what makes it welcoming?
- If you had to describe the building in three words what would you use?
- Any other questions that you come up with...

## Meet L.S.Lowry

- Choose a picture of L.S. Lowry to focus on - this could be a photo or a painting.
- What is your initial reaction to the picture?
- How old do you think he is?
- Does Lowry look happy or sad?
- What words would you use to describe his mood in the picture?
- What kind of hobbies does he look like he had?
- Any other questions that you would like to ask?

