

The Storybox Project

AT HOME

Seasonal Spices

Creative writing inspired by festive spices – **an Activity for Groups**

METHOD /

- Lay out the different spices that you have bought for the group – three or four are normally sufficient
 - Looking at the foods ask if anybody recognizes the things that they can see.
 - Explain that you are going to write a poem inspired by the different spices
 - Begin by passing the first spice around. Ask people to smell it and touch it as it is passed around. Ask questions to prompt a reaction
 - What does it smell like?
 - What does it feel like?
 - What would you cook with it?
 - What would you do with it?
 - Could you eat it? What does it taste like?
 - What does it remind you of?
 - Who would you describe it in three words?
 - As people react to the food write down everything that they say
 - Once you have responded to the first spice try another one, and another, until you have done them all – you will end up with three short poems, one related to each of the different spices.
 - Finish by reading back the poems one by one, after each reading ask the group if they can think of a name for their poem.
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WHAT YOU WILL NEED /

A selection of seasonal spices eg cinnamon sticks, fresh sage, nutmeg seeds, peppermint, fresh ginger, rosemary